



### Back to School

It's that time of year again! With freshly sharpened pencils and new backpacks hanging from their youthful shoulders, students are marking the start of a new school year.



Getting your youngsters to wake up early in the morning to go back to school may not exactly be your idea of fun (as a mother of 3, I can certainly relate), so here's a few FUN quotes to lighten the mood. I hope you enjoy them as much as I did. ~ Betty Wraspir

"If there were no schools to take the children away from home part of the time, the insane asylums would be filled with mothers." ~ Edgar W. Howe

"Being a child at home alone in the summer is a high-risk occupation. If you call your mother at work thirteen times an hour, she can hurt you." ~ Erma Bombeck

"Labor Day is a glorious holiday because your child will be going back to school the next day. It would have been called Independence Day, but that name was already taken." ~ Bill Dodds

According to the internet, students in a Harvard English 101 class were asked to write a concise essay containing four elements: religion, royalty, sex and mystery. The only A+ in class read, "My God, said the queen, 'I'm pregnant, I wonder who did it'."

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### New EFS Sales Addition

Afton Hall is the newest member of the EFS sales team. She's new to the transportation industry, but has over 5 years of sales experience. She loves the opportunity to work for a small, local company that has stood the test of time and appreciates the expertise and experience that she has been able to tap into from the tenured EFS staff.

Afton grew up in the northern suburbs and recently returned to her roots after 12 years of living in the city. Though she misses the culinary and entertainment scene, she really enjoys experimenting with new recipes in her slow cooker (see recipe below). She and her boyfriend, Dan, love attending sporting events of every season, and traveling to new places (preferably warm!). They recently purchased a new pop-up camper and love camping with friends on any of Minnesota's lakes or rivers.

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### Slow Cooker Port Carnitas

Serves 10-15

#### Ingredients

5 lb. pork shoulder, skinless, bone-in (4 lb. without bone)  
1 onion, chopped  
1 jalapeño, deseeded, chopped  
2 1/2 tsp. salt  
1 tsp. black pepper  
4 cloves garlic, minced



2 oranges, juice only (or sub 3/4 c. store bought orange juice)  
1 Tbsp. dried oregano  
2 tsp. ground cumin  
1 Tbsp. olive oil

### Instructions

1. Rinse and dry the pork shoulder, rub in salt and pepper.
2. Combine the oregano, cumin and olive oil, then rub all over the pork.
3. Place the pork in a slow cooker (fat cap up), top with onions, jalapeño, minced garlic, and the juice of the oranges or orange juice.
4. Cook on low for 8-10 hours or on high for 6 hours.
5. The meat should be tender and falling off the bone. Remove from the slow cooker and shred the pork using two forks.
6. Skim off the fat from the juices remaining in the slow cooker and discard the fat. If you are left with a lot more than 1 1/2 to 2 cups of juice, reduce it in a pan. Place back in slow cooker.

### To Serve

Place meat back in juices and serve with tortillas and your favorite taco fixings

**\*\* Leftovers are great to freeze and reheat \*\***

Recipe courtesy of Afton Hall

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## **30 Years of Dedication**

Just a few weeks after the Closing Ceremonies, the Rio Olympics are still fresh in our memories. Phenomenal moments such as Michael Phelps extraordinary 23rd gold medal (and maybe a few moments we'd like to forget, such as the Ryan Lochte scandal), remind us of the high level of expertise among the US ranks. With 1992's Dream Team for Men's Basketball, the Women's Gymnastics Fierce Five of the 2012 Games and the even more dominant Final Five in Rio, we admire the dedication, commitment and passion that these athletes epitomize.

Though we don't yet have a moniker, (apparently The Magnificent Seven has already been taken!) the EFS Dispatch and Sales Teams stand shoulder to shoulder in our own rights with these exemplary athletes. When it comes to passion for what we do, we stand in good company. Unlike the Olympics, we are on stage every day of the year and our devotion and commitment to both our customers and carriers set us apart from our competition. 30 years of dedication. Now that's something to be proud of!

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**We sincerely appreciate your commitment to EFS. Thank you and have a great Fall season!**

**Sincerely,**

***Bill Stanton and the Enterprise Family***